

THE STATE HOSPITAL BOARD FOR SCOTLAND

REHABILITATION THERAPIES

12 (9) Month Update Report

01 October 2022 – 30 June 2023

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INTRODUCTION

This report provides an overview of the rehabilitation activity provided within the State Hospital for the period October 2022 to June 2023. The time frame of the report has been shortened due to the need to realign reporting timescales within the Clinical Governance Group. For the purposes of this report the scope of rehabilitation services are the activities and interventions delivered by the Allied Health Professions and the Skye Centre.

Throughout the reporting period, leadership has continued to play an important part in ensuring staff engagement and staff health and wellbeing is considered whilst services have begun to recover from the effects of COVID19. The introduction of team development sessions has proven to be pivotal in empowering staff, strengthening the Allied Health Professions shared vision and assisted in providing strategic direction for Allied Health Professions' services at an extremely important time with the implementation of a new Clinical Model.

Due to nursing resources continuing to be under pressure, Allied Health Professions and Skye Centre staff have provided support to their nursing colleagues whilst at the same time committing to their own role. This at times has proved challenging although has had less impact on the ability to provide interventions and achieve KPI's latterly due to clinical services' priority to work creatively together to deliver activity.

1. CORE PURPOSE OF SERVICE

The Allied Health Professions staff is a diverse group of professions who provide diagnostic, therapeutic and re-ablement/rehabilitation interventions across all sectors. Allied Health Professionals work in partnership to enable healthy, active and independent lives by supporting personal outcomes for health and wellbeing. This is set within an overarching recovery agenda where patients are encouraged to be an active part in their recovery in partnership with the Therapist. The following Allied Health Professions' disciplines provide individual and group activities – Arts Therapists (current vacancies), Dietitians, Occupational Therapists and Speech and Language Therapists and Physiotherapy.

The Skye Activity Centre is defined by 4 Activity Centres - Patient Learning, Sports and Fitness, Gardens and Animal Assisted Therapy and Craft & Design. The Atrium is also an area where the patients can access the café, library, shop and bank. The Skye Centre service consists of a group of registered staff – nursing and a Specialist Occupational Therapist (post currently vacant), skilled technical and educational Rehabilitation staff and Healthcare Support Workers who are all dedicated to meeting the clinical, rehabilitation and recreational needs of our patient population.

Safe and Effective Service Delivery

Supervision continues to be an important and integral part of effective service delivery with there being plans to review the Allied Health Professions supervision practices and supervision Protocol and subsequently provide appropriate training where needed. A six weekly Reflective Practice Group has been established for the Skye Centre staff group and is facilitated by a Consultant Psychologist.

The progress of individual patients' intervention is captured and monitored in a number of ways. This can be achieved subjectively using non standardised methods such as observation of behaviours, interactions with peers/staff and the recording of staff clinical reasoning and judgement, documented using the electronic patient record (RIO). This is more effective and robust when consistently using standardised measurement and rating tools.

The Assessment of Motor and Process Skills (AMPS) is an assessment tool which provides the most robust standardised assessment of functional skills. Completed in the admission phase and re-administered to review changes at any point thereafter.

The Evaluation of Social Interaction (ESI) is a standardised tool that was used previously to evaluate the individual's quality of social interaction during natural social changes but is no longer utilised due to unavailability of training.

The Model of Human Occupation Screening Tool can be used by any registered Occupational Therapist. However, the Assessment of Motor and Process Skills requires post graduate training and calibration as an assessor. Five of the seven current registered Occupational Therapy staff are trained in the Assessment of Motor and Process Skills. Unfortunately, training is no longer available therefore no new staff can be trained in the use of this assessment at this time. Existing staff licenses have been extended to December 2023 and the Occupational Therapy service are considering alternative options to carrying out functional assessment on patients if training is not provided going forward. Due to staffing pressures Assessment of Motor Process Skills were not completed in all of the wards.

The following tables provide an overview of the assessments carried out over the last 9-month period with comparative data for previous years also being noted. There has been a decrease in the completion of the Model of Human Occupation Screening Tool for annual reviews and a further reduction in the admission reviews.

Reasons for the reduction in figures include: Band 6 Occupational Therapist post being vacant from October 2022 to May 2023, one Band 5 Occupational Therapist post being vacant throughout full reporting period, another Band 5 Occupational Therapist post being vacant between October 2022 to January 2023 with long term sickness occurring after this and a Band 5 Occupational Therapist being on long term sick with resulting inability to have patient contact from October 2022 to February 2023.

Unfortunately, the Assessment of Motor and Process Skills and Interest checklists' completion figures have also been affected for the same identified reasons.

Table 1: Model of Human Occupation Screening Tool Standardised Assessment

	2017/18	2018/19	2019/20	2020/21	2021/22	22/23
Annual Review	72.0%	68.1%	75.3%	87.4%	79.8%	45.7%
Admission Review	54.5%	71.4%	51.7%	93.8%	66.7%	53.3%

Table 2: Assessment of Motor and Process Skills - Admission Review Only

2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
20%	35%	16.1%	35.1%	20.9%	9.1%

Table 3: Interest checklist – Admission review only

2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
80%	64.3%	48.3%	93.8%	66.7%	66.7%

Table 4: Assessment Data

Assessment	2019/20	2020/21	2021/22	2022/23
AMPS	35	58	23	23
ESI	16	0	0	0
Interest Checklist	31	39	16	3
MOHOST	103	25	93	0
OCAIRS	3	19	1	1
OSA	9	3	0	2
WRI	2	0	0	0
Volitional Questionnaire	10	0	0	1
Falls Assessment	28	33	12	2
Other	11	16	0	0
Manual handling				6
Wheelchair assessment				2

Sensory assessment				1
OPHI				4

2. CURRENT RESOURCE COMMITMENT

Allied Health Professions Staffing Compliment as at 30 June 2023

Job Title	Actual WTE	Budget WTE	Variance/Comments
Lead Allied Health Professional	1.0	1.0	
Lead Occupational Therapist	1.0	1.0	
Lead Dietitian	0.78	0.78	
Band 6 Occupational Therapist	2.0	2.0	
Band 6 Dietitian	1.0	1.0	
Band 5 Occupational Therapist	3.0	4.0	1.0 vacancy
Band 4 AHP Support Worker	2.11	2.11	
Band 3 Support Worker	0.41	0.41	
Arts Therapists	0.0	0.8	0.8 vacancy
Total	11.29	13.09	
<u>Service Level Agreements</u>			
Music Therapist	0.4	0.4	
Speech and Language Therapist	0.4	0.4	
Physiotherapy	0.1	0.1	
Total	12.19	13.99	

The current vacancies as of 30 June 2023 include 1 WTE B5 Occupational Therapist and 0.8 WTE Arts Therapists.

The Lead Allied Health Professional post has now been filled permanently, which shall hopefully provide some stability for the Allied Health Professions service going forward. The Occupational Therapy service is currently running with one Band 5 vacancy. Unfortunately, the fixed term band 5 Dietitian post has ended. A business case proposal is being developed to identify and highlight the impact and benefits of a permanent post.

The Arts Therapies service is currently funded for 15 hours per week (across each of the modalities – Music, Art and Drama) with the latter modality posts having been vacant since November 2020 and August 2021 respectively. With the new Lead Allied Health Professional coming into post in January 2022 a redesign of the Arts Therapies service was commenced incorporating engagement activities with the clinical teams/services and patient groups.

The Speech and Language Therapy service continues to be provided via a Service Level Agreement with NHS Lanarkshire. Increasing this to the 0.6 WTE funding allocation had been negotiated and agreed possible with NHS Lanarkshire. Unfortunately, in the past funding for these hours had been cross charged from another service and this funding is now no longer available.

The Skye Centre funded establishment is 42.40 WTE. The service currently has three vacancies with recruitment processes underway.

Skye Centre Staffing Compliment

	Establishment	Actual	Variance
Band 7	3.0	2.8	0.2
Band 6	5.0	3.83	1.17
Band 5	10.0	8.4	1.6
Band 4	19.4	18.19	1.21
Band 3	5.0	4.98	0.02
Total	42.4	38.2	4.2

3. SUMMARY OF CORE ACTIVITY FOR THE LAST 9 MONTHS

Over the last 9 months activity data has continued to be recorded with the RIO Timetable being utilised to provide reports on the planned activity offered, against the actual activities delivered. A wide range of activities are available. The Allied Health Professions service, Skye Centre, Nursing, Psychological Therapies and Person Centred Improvement Team collaborate to support each other to maximise resources and ensure patient activity is maintained.

The delivery of groups is carried out using a variety of methods. There are regular ongoing group activities e.g. vocational, educational and sports activities for which there is no restricted time limit, these are mainly delivered by the Skye Activity Centre. There is scope for these activities to be modified depending on the needs of the patients participating. Dietetics jointly delivers groups with Psychologists and Occupational Therapists. Occupational Therapists facilitate structured groups such as Participate (social interaction skills), Recovery Through Activity, Leavers Group as well as other less unstructured groups such as walking, cooking and relaxation. The Music Therapist and Allied Health Professions Support Workers facilitate a weekly choir for up to 12 patients which is open to patients across the hospital. Patients are referred to these group interventions after discussion with their respective Clinical Teams.

Over the last 9 months a range of open “Drop In” style group activities have been offered from all services which encourages participation from patients who are less likely to engage with pre planned activity and may have difficulty sustaining commitment eg Hub Activity and Allied Health Professions staff aim to provide weekly open hub sessions across the four hubs. These sessions provide patients with access to a range of activities including but not exclusively hub gyms, pool, table tennis, board and card games and craft activities.

The Healthy Living Group was due to commence in late 2021 and then 2022 but due to a combination of issues relating to resources (COVID19 staffing, patient implications, recruitment) and latterly access to rooms it commenced delivery later in September 2022. Five patients successfully completed the program with 60% of patients losing weight by the end of the group. It is envisaged that this group or one similar aiming to support physical health will continue to run annually.

Table 5 Overview of the activity provided during the reporting period across the professions.

AHP	1509
AHP & Nursing	378
AHP & Psychology	88
AHP, Skye Centre	373
AHP, Skye Centre & Nursing or Psychology, PCI	216
Nursing & Skye Centre	306
Skye Centre	25285**

**Skye Centre sessions recorded in units of 1 hour

Allied Health Professions

The development of Allied Health Professionals' clinical skills has been high on the agenda with this being seen through our training commitment in Occupational Formulation, Sensory Integration, Motivational Interviewing and Generic Psychological Supervision. Further training is scheduled in Low Intensity Psychological Therapies Groupwork with training to be planned in Behavioural Activation.

The Allied Health Professions Team development sessions led by the Lead Allied Health Professional and the Organisational Department have proved invaluable in allowing the service to develop a shared vision and to identify service wide and profession specific objectives in line with corporate ones. We also recognised the importance of developing our profile throughout the hospital and nationwide. Subsequently planned work has involved reviewing our induction process, promoting our roles internally using a variety of mediums, utilising social media to educate and promote our work/roles nationally, establishing an Allied Health Professions mission statement and logo and introducing a Short Life Working Group to review intranet and website information.

Workforce planning and development has been another area that has required focus within the reporting period and although there have been issues with recruiting to Band 5 Occupational Therapy posts, all have now been recruited to with our last Therapist due to commence in August. Efforts to recruit extended to attending Queen Margaret University to promote the profile and benefits of working at The State Hospital as an Occupational Therapist. Recruitment for Occupational Therapists is not only an area of concern at the State Hospital but also nationwide. Retention of staff has improved within the reporting period although as mentioned previously long-term sick leave has impacted on service delivery albeit robust use of Human Resources policies and procedures has been adhered to.

In line with the implementation of the new Clinical Model, Allied Health Professionals and Skye Centre staff have been central in collaborating with clinical teams and services to begin to develop specialty assessment and treatment pathways. Subsequently it has been a prudential time to review our own care pathways, and this can be seen via the commencement of work on the Occupational Therapy Assessment and Treatment Pathway, the Support Worker Referral and Treatment Pathway and beginning to examine a possible Sensory Integration Pathway within the Occupational Therapy service. Subsequently Allied Health Professionals are embracing quality improvement work and are taking the implementation of the new Clinical Model as an exciting opportunity to develop and improve their services.

On coming into post the Lead Allied Health Professional identified the lack of administrative support with senior clinical time being devoted to administrative tasks. This has now been addressed with some support now being provided to deal with the inputting of data and human resource associated tasks.

In January 2022 a redesign of the Arts Therapies service was commenced incorporating engagement activities with the clinical teams/services and patient groups. The recommendations from this includes embedding all Arts Therapies staff by employing them directly, introducing a Band 7 0.6wte Leads Arts Therapist post, introducing Band 6 Arts Therapist posts (0.6 wte) with additional funding request of 0.4 wte from the nursing directorate budget. Extra funding would allow all patients on admission to have access to Arts Therapies assessment with band 6 posts being advertised temporarily in the first instance to gain evidence for the model and evaluate impact.

With regards to Allied Health Professional's patient attendance figures at individual and group sessions, Table 7 below compares these over the past 4 years. To be noted that individual contacts are featured as face-to-face contact with patients on a one-to-one basis with intervention including assessment and treatment.

Group contacts refer to face-to-face contact involving 2 or more patients encompassing assessment and treatment.

Table 6: Comparison of Allied Health Professionals contacts (Individual, Group and cancelled) from 2020-2023

	Individual Contacts			Group contacts			Cancelled sessions		
	2020/1	2021/2	2022/3	2020/1	2021/2	2022/3	2020/1	2021/2	2022/3
Occ. Therapy	1404	1243	669	4487	3336	2002	570	537	72
Dietetics	517	570	244	269	220	87	78	149	40

Art Therapy*	-	-		-	-		-	-	
Dramatherapy*	110	-		116	-		56	-	
Music Therapy	257	179	184	245	260	258	30	65	4
Speech & Language Therapy	178	53	135	28	0	0	19	20	15

*Art and Dramatherapy data not collected due to vacancies

This shows variance between professions with Occupational Therapy numbers being reduced within individual and group contacts. However Speech and Language and Music Therapy figures show an increase in individual contacts. Dietetics figures shall be representative of a Band 5 temporary post discontinuing in November 2023. Occupational Therapy reductions will be due to vacancies and sickness as highlighted previously.

Occupational Therapy

The Occupational Therapy Team have continued to contribute to the staffing of wards across the hospital in an effort to reduce occupational deprivation and instances of daytime confinement for patients. In comparison to the previous year, there has been enhanced opportunity to deliver their core roles inclusive of providing assessment, treatment planning and interventions as we recover from COVID19.

The Participate (adapted) programme was delivered from August to November 2022 and staffed collaboratively by Occupational Therapy and Speech and Language Therapy. The group demonstrated positive outcomes for the patients who engaged.

The importance and need for provision of equipment within the Hospital has evolved with the aging population as well as the provision of care for patients with complex health co-morbidities. Since coming into post in August 2022, the Lead Occupational Therapist has worked to improve the equipment pathway with work proving prudent in the Hospital’s ability to provide aids to patients in a more timely manner.

It is notable that while stats on the number of Assessment of Motor and Process Skills which were carried out within the admission assessment period were low, efforts were made later in the patient journey to complete these. Sixteen assessments were carried out with a further three being offered however were declined by patients for a variety of reasons.

Dietetics

The Dietetic Assistant had continued to adopt a more generic role supporting the hubs and co-facilitating small groups. Due to the loss of the band 5 Dietitian the Assistant has been supporting dietetic education groups and completing health promotion work at ward level.

Despite ongoing challenges some new developments have occurred surrounding provision of student placements with novel approaches to supporting the back log of placements post COVID eg sharing of students with other NHS and school establishments. ‘Counterweight Plus’ delivery has continued with all patients who started on the plan having lost weight. We continue to receive funding from the Scottish Government to support this process. The ‘REHIS Food and Health Course for carers of adults with a Learning Disability’ was delivered in April 2023 to 10 staff, with all successfully completing the course. It is envisaged that this will be completed annually.

The dietetic team continues to work alongside the ‘Supporting Healthy Choices’ agenda. The action plan is being reviewed in conjunction with the Public Health England document ‘Managing Overweight and Obesity in Secure Settings’. The Hospital’s ‘Food in Hospitals’ peer review submission is due in August 2023 and work towards this is underway with the Food, Fluid and Nutrition’ Policy having been reviewed and other related associated documents.

Arts Therapies

Art Therapy/Drama Therapy

The Art Therapy and Drama Therapy posts are currently vacant. The Band 7 Lead Arts Therapies Job Description is being reviewed by the Job Evaluation Team and the Band 6 Arts Therapies Job Description is currently being reviewed by Partnership following the work from the Arts Therapies Redesign.

Music Therapy

The Music Therapist has continued to offer individual sessions across the hospital supporting patients to develop skills in emotional recognition, creative expression, and relating better to self and others. The Skye Centre Choir is now in its fourth year and operates with a maximum of 12 patients on a weekly basis and is an integrative and pro-social group with an emphasis on building social and communication skills through

engagement in group singing. Since February 2023 the choir has had to develop a short waiting list for patients seeking to attend. The Choir continues to perform live eg at the Excellence Awards, the Christmas Concert and for their peers in Talent Showcase.

Speech and Language Therapy

Provision has continued to include assessment of patients referred with communication and swallowing difficulties across the hospital. Post assessment, reports and strategies are provided for the ward environment and reviews are undertaken as required. For patients diagnosed with a learning disability across the site, 'all about me' passports are also completed and shared with relevant team members. One to one therapy focuses on social communication skills and facilitation of more independent use of strategies. Multidisciplinary Team working embeds communication guidelines. The service continues to produce appropriate easy read and accessible resources to ensure that patients are supported around decision-making, the Care Programme Approach and other issues relevant to this setting. A visit to Rampton this year assisted the Team to network with other Therapist's working in this field with discussions ensuing around role and providing a platform for the sharing of specialist resources, knowledge and skills.

Physiotherapy

There is a 0.1 WTE Physiotherapist who provides a service into the Health Centre via a Service Level Agreement primarily focussing on musculoskeletal injuries although some of this work can progress into the sphere of rehabilitation. It is believed that the Physiotherapy role within the State Hospital is one that is worthy of review due to the importance of the physical health and obesity agenda and the potential contribution and impact they could provide to this. This has begun to be explored and how the role can be expanded within the Hospital. Unfortunately, the postholder left in May but this has now been recruited to with a start date in August.

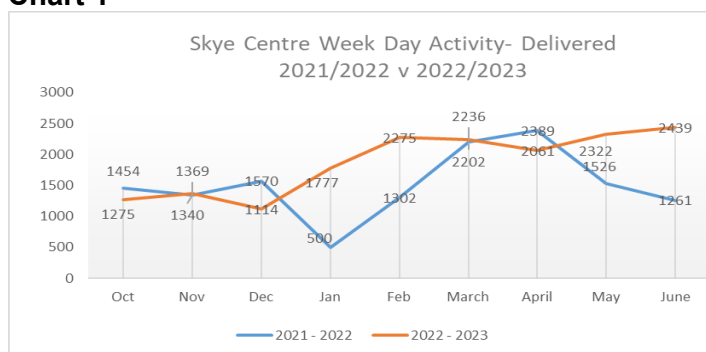
Skye Centre

Patients can attend 4 activity centres (Sports, Crafts, Gardens, Patient Learning Centre) during weekdays, on a sessional basis, supported by a range of staff across various grades and skills.

The Skye Centre timetable was reviewed in January 2023 with a focus on improving the percentage of planned v delivered activities, following feedback from patients and clinicians. It was agreed lower the baseline of planned activities to a realistic level that could be consistently met. This has resulted in a steady improvement in delivery of planned activity and created capacity for additional drop-in sessions. From the end of January session times are recorded in units of one hour which supports more accurate reporting of activity.

Chart 1 below provides more detail on the number of sessions delivered during this period. The change in timetable also ensured that adequate staff resource was able to be allocated for the delivery of Mental Health Tribunals and Video Conference Court Hearings, as this now sits within the remit of the Skye Centre service.

Chart 1



Hub and Weekend Activity

The Hub Activity staff resource who are primarily based in the Hubs/Wards provide activity Monday to Friday in collaboration with the Skye Centre and Allied Health Profession staff. These staff have been allocated to support

activity within the specific clinical areas as outlined within the Clinical Model. The programme of activity is mainly facilitated on a drop in basis however planned activity is being developed to support the new ways of working being realised as part of the revised Clinical Model.

Weekend activity can be accessed by all patients across the hospital, staffing levels permitting. The delivery of weekend activity continues to fluctuate and is influenced by the number of ward deficits on any given weekend, which results in Skye Centre staff being redeployed to cover ward deficits or visits in the Family Centre.

4. KEY PERFORMANCE INDICATORS

The rehabilitation therapies services' contribute to a range of corporate KPI's including physical health and therapeutic/meaningful activity. Service specific performance is measured through the following:

Annual ICP VAT Information

Table 6: % of Annual Review Reports Completed

	2017/18	2018/19	2019/20	2020/21	2021/22	2022/3
Occupational Therapy	76.0	70.3	75.3	86.8	80.4	41.9%
Dietetics	8.0	90.1	83.5	85.1	85.9	88.6%
Skye Centre Nursing	70.0	88.9	95.8	89.4	96.6	73.6%

Table 7: % Annual Review Reports Discussed

	2017/18	2018/19	2019/20	20/21	21/22	22/23
Occupational Therapy	62.0	47.3	52.9	63.2	61.6	27.1%
Dietetics	8.0	49.5	23.5	63.2	70.1	68.6%
Skye Centre Nursing	-	86.1	52.1	45.5	78.2	41.5%

Table 8: % Annual Reviews Attended

	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	LDP Target
Occupational Therapy	71.3	68.9	76.2	77.8	62.7	39.6%	80%
Dietetics	0.0	48.4	70.6	65.5	67	55.7%	60%
Skye Centre Nursing	1.0	2.8	2.6	0	0	0	No target

Dietetics have shown an increase in the number of reports provided to annual case review meetings with Occupational Therapy and the Skye Centre having decreased. Unfortunately, and disappointingly as stated previously vacancies and sickness have contributed to these decreasing figures.

The Skye Centre do not routinely attend the Annual Case review meetings due to current operational requirements related to staffing resources. Dietetics and Occupational Therapy have reduced their attendance at annual case reviews, however once again this can be explained due to vacancies and sickness and the Band 5 Dietitian temporary post finishing.

5. COMPARISON WITH LAST YEAR'S PLANNED ACTIVITY

Planned Activity	Progress Update	Outcome
Team Development of AHP workforce to include AHP vision & sharing Hospital wide	Four sessions to Date Shared vision identified and being utilised Service/professions objectives identified and being worked on Developing AHP profile internally and nationally	Achieved with ongoing work required
Review and redesign of the Arts Therapies service	Review and report completed SBAR to be sent to Workforce Governance Group once funding confirmed	Achieved

	Posts at Job Evaluation and Partnership	
Develop approach to data including KPIs and outcomes	Skye Centre activity data is recorded in units of one hour. More accurate recording is now possible and is reported to the AOG monthly. KPI's for activity are being developed by the identified workstream group and reported back to the AOG.	Ongoing
Explore Opportunities for Digital interventions	An option appraisal was commissioned by the Director of Finance and eHealth, and the Head of eHealth and completed in . A workshop has been scheduled to take place in October with all relevant stakeholders to provide a view of a potential Patient Digital Inclusion Roadmap for consideration that will outline the important foundational activity that must be invested in for long-term sustainable transformation.	Ongoing
AHP & Skye Centre staff to support the definition of activity and therapeutic interventions into the Clinical Model	AHP and Skye Centre workforce embedded into all aspects of care pathways for new clinical specialties	Ongoing
Increase/maximise employability opportunities throughout the hospital	Nu2U project commenced Plan to include use of Worker Role Interview (WRI) assessment within the Transitions service where appropriate.	Partially achieved
Review and explore interpretation of collected data and reduce any repetition in data	Intervention categories identified and put on RIO for most professions One staff group still to be completed	Nearing to completion
Workforce planning within the AHP service	Review of Arts Therapies service including workforce skill mix completed. Posts identified and now at Job Evaluation	Achieved
To train all OT's in Occupational Case Formulation and to embed into practice	Training completed. Upskilling of staff commenced Consultation commenced with services re embedding in clinical specialties	Partially Achieved
To review suitability of some AHP's delivering low intensity psychological therapies within the Hospital and the training needs/delivery for staff	Training completed for motivational interviewing Training scheduled for low intensity psychological groupwork Training to be arranged for Behavioural Activation	Partially Achieved

6. QUALITY ASSURANCE ACTIVITY

Standardised Assessment

Performance in utilising standardised assessments are reported elsewhere this assures the best quality assessments are used to plan intervention.

Leadership Development

The Lead Occupational Therapist is completing year 2 of Msc in Healthcare Management.

Lead Allied Health Professional has been involved in Team Development as part of the Scottish Directors of Allied Health Professions Group.

Staff and Team Development

As stated above training is important in achieving service objectives and is highlighted throughout this document.

The Specialist Occupational Therapist is nearing end of year 1 of post graduate training in Sensory Integration.

Service development has been supported through team development activities and this will continue as new staff join the organisation. Tools utilised within team development sessions have included online Athena and Core Strengths.

Key Performance Indicators

Key Performance Indicator (KPI) measurement and definitions are kept under review. The KPI's related to patients' engagement in activity are being reviewed in light of the new Clinical Model.

7. QUALITY IMPROVEMENT ACTIVITY

QI Clinical Model Implementation

As stated previously the Allied Health Professionals and Skye Centre staff have been working collaboratively with clinical teams and services to develop care pathways within the new specialties of the Clinical Model, supporting the definition of activity and ensuring patients' treatment goals and interventions are adhered to.

Reviews of several clinical pathways are underway within the specialties with consultation of clinical teams and services to improve the quality of Allied Health Professions interventions.

This work is being delivered in parallel to the monitoring capacity of the Activity Oversight Group.

Nu 2 U Project

The Nu 2 U Charity Shop has proved to be a successful vocational project supporting three patient volunteers and has developed the vocational rehabilitation options for patients within the hospital. The Specialist Occupational Therapist is key in delivering this initiative and utilises specific Occupational Therapy assessments and outcome measures eg Volitional Questionnaire and Assessment of Communication and Interaction Skills.

Occupational Formulation & Measurable Goal Setting

More specific training in Occupational Formulation was completed in February with forensic services from NHS Greater Glasgow and Clyde. The Occupational Therapy Team have embraced the opportunity to identify the benefits of embedding Occupational Formulation into clinical practice at The State Hospital. The Lead Occupational Therapist has worked with colleagues from the Forensic Estate to plan this in a coordinated way across services at all levels of security in Scotland. The work was presented at the second Forensic Allied Health Professions Conference held in June. Ongoing commitment from staff is required to further embed the learning. Consideration is required in consultation with clinical teams and services for the best position of this across the specialties' in the new clinical model. It is envisaged that Occupational Formulation will be embedded in the Occupational Therapy Assessment and Treatment Pathway once the review is completed.

Nutritional Care Plans/Health and Wellbeing Plans

The last annual audit was carried out in November 2020 which identified that Plans required to be streamlined to support quality improvement. The Nutritional Screening Tool will remain supported by a nursing checklist (both to be completed monthly) and the existing nursing template will be utilised to formulate individual Nutritional Care Plans. Going forward this will be called the 'The Nutritional Care Plan Process'. The next audit will occur in 2023 due to the delay in the full process being implemented.

RIO Data Collection

Following last year's Report, it was recognised that our collection of statistics was outdated and could be improved. To address this, joint work has been carried out between Allied Health Professions' Leaders and eHealth. Data can now be pulled directly from RIO to build a picture of the range and quantity of interventions being offered.

Digital Interventions

To explore the potential, scope and limitations of digital inclusion as it relates to the care of our patients within the State Hospital and explore what a more digitally inclusive environment could look like for our patients, an option appraisal was commissioned by the Director of Finance and eHealth, and the Head of eHealth. This process assessed the relative merits of alternative models for the delivery of Patient Digital Inclusion, with an aim to also provide a view of a potential Patient Digital Inclusion Roadmap for consideration by the Board that will outline the important foundational activity that must be invested in for long-term sustainable transformation. A workshop has been scheduled to take place in October with all relevant stakeholders and identify the priorities outlined in the piece of work.

8. PLANNED QUALITY ASSURANCE/QUALITY IMPROVEMENT FOR NEXT YEAR

Planned Activity	Progress to date
Continue Team Development Sessions	Four sessions completed to date Core Strengths, communication and dealing with conflict sessions to be arranged and confirmed
Continue with AHPs and Skye Centre staff supporting the definition of activity and therapeutic interventions into the Clinical Model	Staff embedding into clinical specialties and service leadership meetings Commenced reviews of treatment pathways
Embed Occupational Formulation into clinical practice and the appropriate service specialties and pathways	Staff currently upskilling Staff embedded into specialties fora and leadership teams Lead AHP and Skye Centre Manager embedded into Activity Oversight Group
Identify the treatment pathways for AHP's delivering low intensity psychological therapies within the Hospital and train staff accordingly to the need	Motivational interviewing training completed Low intensity psychological therapies in groupwork training planned Behavioural activation training to be planned
Review supervision practices and Supervision Protocol and deliver appropriate training to staff where required	Planning meetings with Lead AHP and Music Therapist commenced
Continue to raise the profile and understanding of AHP services internally and nationally	SLWG commenced and work ongoing A dedicated plan of actions for the coming year Team development sessions to capture further planning
Review and assess the success of the new Arts Therapies service model and implement appropriate structure	Arts Therapies posts at Partnership and Job Evaluation Extra funding to be confirmed and SBAR to be sent to Workforce Governance

9. Next Review Date

The next annual report will be due in July 2024, work shall continue on areas specified to enhance on service provision.