



RESTRICTED / PROHIBITED ITEMS LIST FOR EVERYONE ENTERING THE STATE HOSPITAL

In order to maintain a safe and secure environment for everyone, the State Hospital's Board has exercised its powers under the National Health Service (Scotland) Act 1978, the Mental Health (Care and Treatment) (Scotland) Act 2003 and the Mental Health (Safety and Security) (Scotland) Regulations 2005 to restrict or prohibit certain items from entry to the Hospital. The use or possession of the following item types is not permitted in the Hospital without permission. In order to ensure safety and security some of the definitions are broad; staff will exercise their judgement and discretion as to whether items fall within those definitions. These are examples of prohibited or restricted items:

- Items that may be used to cause or be adapted to cause injury e.g. metal items, sharp items, glass, umbrellas, coat hangers.
- Items that could assist in an escape e.g. maps, sat navs or other global positioning system, rope, blue tac, chewing gum.
- Substances that may be abused e.g. drugs, alcohol.
- Items that can be used to access funds e.g. cash cards, bank books.
- Items that can be used to create or support an identity e.g. passport, driving licence, ID cards.
- Items that are brought into the Hospital if their use may be for the purpose of trading. (*We recognise this is a broad definition and decisions will be taken by staff on a case by case basis*).
- Items used to assist unauthorised communication e.g. mobile phones, any item containing a SIM card, pagers.
- Items that can be used to take a photograph e.g. cameras, phones, iPods, handheld games.
- Electrical items that can connect to the internet via a wireless connection or have bluetooth facility e.g. computers, smart phones, smart watches, activity trackers (with screen), computer games.
- Any item that is illegal to have or use.
- Items that can be used as pornography and have not been authorised by the clinical team.
- Items that assist in the use of tobacco related products including tobacco e.g. tobacco, cigarettes, electronic cigarettes, lighters, gas, matches.
- Electronic devices with the capability of recording or playback of recorded media e.g. dictaphones, tape recorders, DVDs, CDs, memory sticks.
- Any item that could be used to undermine security. (*We recognise this is a broad definition and decisions will be taken by staff on a case by case basis*).
- Candles.
- Cans of juice.
- Aerosol sprays.
- Oils e.g. essential oils, CBD oil.

Security staff have the right to refuse entry to anyone who fails to give consent to their person or belongings being searched. Security staff will give you guidance on the various items that are excluded or restricted, and what to do if you think you need to bring such an item into the Hospital.

August 2025