

Information requested:

Can you please tell me:

Has the health board utilised digital sedation during any procedures etc.? For clarification, digital sedation is where a patient is provided with a headset which project images for them to look at during a procedure. This is with a view to hypnotising or otherwise distracting the patient from any discomfort or pain during the procedure. I define digital sedation as 'a method for reducing pain and anxiety before, during and after medical procedures. This digital therapy combines clinical hypnosis and integrative therapeutic techniques through virtual reality', with an example [here](#) (*Link removed*).

If possible can you please share details of what digital sedation apparatus the health board has used?

Also, please give details of the types of procedures that digital sedation was used for and how many times it has been used in EACH of the last five financial years.

Does the health board own any such apparatus? If so, please detail any associated costs, i.e. purchase or hire.

If the health board has not used digital sedation, can you tell me if this is something the health

Response:

The State Hospital does not use utilised digital sedation.

There were no procedures that digital sedation was used for during any of the last five financial years.

We do not own any such apparatus.

We were unable to locate any records that gave any indication that the organisation had or had not considered the use of digital sedation.

We therefore give notice under FOISA section 17 that we do not hold the information requested.